

The 516 Group of Alcoholics Anonymous – (OD) Meeting Format

(Make every effort to open (5:16) and close the meeting (6:15) on time)

1. My name is _____ and I am an alcoholic. I want to welcome everyone to the 516 Group. This is an open meeting of Alcoholics Anonymous. We are glad you are here -- especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states "The only requirement for AA membership is a desire to stop drinking," we ask that all who participate confine their discussion to their problems with alcohol.

This is a non-smoking meeting and we ask that you please turn you cell phone ringers off during the meeting.

2. Does anyone have any announcements? (516 Token Club - \$10/month)

- We have the Big Book and The 12 Steps & 12 Traditions available to any alcoholic who wants one regardless of their financial situation; please see the chair person after the meeting if you need a book.

3. Please help me open the meeting with a moment of silence to do with as you wish - followed by the Serenity Prayer:

- _____ will now read The Preamble
- _____ will now read The 12 Steps
- _____ will now read The 12 Traditions
- _____ will now read The Promises

4. Newcomers & visitors:

- Is this anyone's very first meeting of Alcoholics Anonymous, or the first time at the 516 Group - if so please give us your first name so we can welcome you.

(If so go around the room and have members introduce themselves)

- Is there anyone here within their first thirty days of sobriety that wants to be recognized?
- Is this anybody's last meeting of Alcoholics Anonymous?
(We hope not)

5. AA's 5th Tradition states: "Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose-that of carrying its message to the alcoholic who still suffers".

6. Now it's time for a discussion topic:

- (The Chairperson may present their own topic or...)
 - Has anyone had a difficult time not taking a drink today or does anyone have a topic they would like to hear discussed related to Alcoholism?
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7. Thanks everyone for a good meeting – AA's 7th tradition states: "Every AA group ought to be fully self-supporting, declining outside contributions" We will now pass the basket.

8. We have a Temporary sponsor/contact list available.

9. Everyone please keep in mind that our rent time ends at 6:30 and that the store has already closed for business today. Therefore we ask that you pick up after yourself and move the meeting after the meeting outside of the store in the next 15 minutes or so, thank you.

10. I have asked _____ to read our closing.

11. I have asked _____ to hand out the chips.

- Are we celebrating any birthdays today?

12. Please remember: Anonymity is the spiritual foundation of all our Traditions. Please respect this and treat in confidence who you see and what you hear.

For those who care to - We will now join hands and close the meeting with the Lord's Prayer.

Revised 18 May 2010